

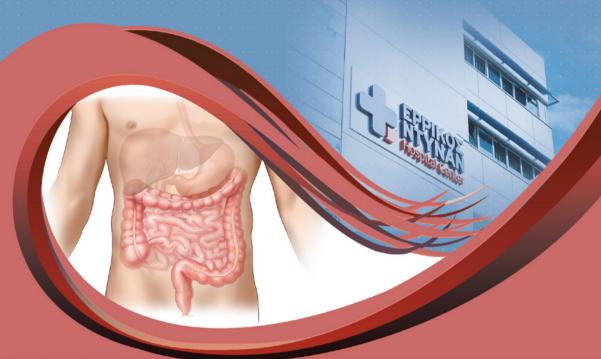






# 1<sup>st</sup> Athens Coloproctology Meeting on FUNCTIONAL BOWEL &

# PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON



Under the auspices of:



Hellenic Surgical Society



Mediterranean Society of Coloproctology

Under the support of:



Friday 1<sup>st</sup> April, 2022

Amphitheatre Henry Dunant Hospital Center

Athens, Greece

www.coloproctologysociety.gr

**FINAL PROGRAM** 

#### **Welcome Letter**

Dear colleagues,

It gives me great pleasure to welcome you to the 1st Athens Coloproctology Meeting, which will take place in Athens, Greece on 1st of April 2022 and is themed "Functional Bowel and Pelvic Floor Disorders for Colorectal and Pelvic Surgeon". The meeting is aiming to attract trainees and specialists from various disciplines, such as colorectal surgeons, gynaecologists, urologists, gastroenterologists as well as allied health professionals.

The Greek Society of Coloproctology (GSCP) is committed to promoting education not only to domestic but also to an international audience. For this purpose GSCP is establishing strategic alliances with international societies and hence this meeting represents the joint effort and collaborative result with The Pelvic Floor Society (TPFS) of UK under the support of ACPGBI. The two societies brought together a fascinating program with expert speakers on their field from Europe, UK, Greece and Australia. The topics covered will include functional bowel disorders, including LARS and IBS, Multidisciplinary Team approach, conservative and surgical management of Pelvic Floor Disorders, such as prolapse, faecal incontinence and innovative techniques.

COVID-19 pandemic kept us apart for long period of time but also gave us the opportunity to establish new ways of communication and scientific knowledge spread. In line with current climate and gradual return to normality this meeting will represent an event to bring us together again and enjoy a high quality scientific program at the modern Amphitheatre of Henry Dunant Hospital.

I look forward to welcoming you in Athens.

The Chairman of the Meeting
Mr. Ioannis Virlos
MD (Man), MSc, DIC, FRCSEd.,
FRCS (Gen Surg), FEBS (Coloproctology)
GSCP Executive Board Member
Consultant Colorectal Surgeon University of Derby & Burton, UK









1st Athens Coloproctology Meeting on

# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON



#### **Board of Directors**

**President:** V. Komporozos

Honorary President: I. D. Kanellos

**Vice Presidents:** G. Theodoropoulos

K. Tepetes

**General Secretary:** Th. Theodosopoulos

**Treasurer:** D. Patsouras

Members: E. de Bree

D. Manganas

C. Mavrantonis

I. Virlos

#### **Audit Committee**

**President:** I. Katsoulis **Members:** Ch. Mpali

G. Skroubis

# **Disciplinary Board**

**President:** I. Karaitianos **Members:** M. Christodoulakis

K. Stamou











### **FUNCTIONAL BOWEL &** PELVIC FLOOR DISORDERS FOR **COLORECTAL AND PELVIC SURGEON**

Friday 1st April, 2022 Athens, Greece

#### **Committees**

#### **Organizing Committee**

**President:** Virlos

Honorary President: I. D. Kanellos

**Vice Presidents:** M. Christodoulakis

I. Karaitianos

C. Mavrantonis

G. Theodoropoulos

**Secretary:** M. Papoudos

**Treasurer:** D. Patsouras

#### **Scientific Committee**

**Presidents:** V. Komporozos, K. Tepetes, A. Tsiamis

**Members:** N. Boltsis St. Psomas

> E. de Bree J. Randall

G. Skroubis D. Chatzopoulos

J. Cornish K. Telford

D. Kanellos Th. Theodosopoulos

I. Katsoulis M. Tzitiridou

S. Vradelis D. Manganas

Ch. Mpali









st Athens Coloproctology Meeting on

# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON



# **Scientific Program**

09.00	Registrations
09.15 - 09.30	OPENING AND WELCOME
	I.Virlos, GR Chairman of the Meeting
	<b>V. Komporozos</b> , GR President of the GSCP
	<b>K. Matzel</b> , DE President of the ESCP
09.30 - 11.10	1st SESSION FUNCTIONAL BOWEL DISORDERS Chair: K. Tepetes, GR, J. Cornish, UK
09.30 - 09.50	Chronic anal pain <b>K. Telford</b> , UK
09.50 - 10.10	Constipation: aetiology and classification <b>Ch. Melchior</b> , FR
10.10 - 10.30	Low anterior resection syndrome: from pathophysiology to effective service provision  P. Christensen, DK
10.30 - 10.50	Irritable bowel syndrome: what is next? <b>A. Emmanuel</b> , UK
10.50 - 11.10	Discussion
	Commentator: <b>E. Carrington</b> , UK











# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

# **Scientific Program**

11.10 - 11.30	Coffee break
11.30 - 13.10	2 <sup>nd</sup> SESSION MULTIDISCIPLINARY TEAM APPROACH OF PELVIC FLOOR SERVICE Chair: G. Theodoropoulos, GR, E. de Bree, GR
11.30 - 11.50	The role of colorectal surgeon <b>J. Randall</b> , UK
11.50 - 12.10	The role of radiologist  M. Glynos, GR
12.10 - 12.30	The role of urogynaecologist <b>S. Athanasiou</b> , <i>GR</i>
12.30 - 12.50	The role of specialised nurse  J. Cornish, UK
12.50 - 13.10	Discussion
	Commentator: <b>A. D' Hoore</b> , BE
13.10 -13.40	COLORECTAL DISEASE LECTURE Chair: I. Kanellos, GR, I. Virlos, GR
	Evacuation therapy: towards better management of rectal evacuation disorders  M. Levitt, AU
13.40 - 14.30	Light lunch









Ist Athens Coloproctology Meeting on

# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

# **Scientific Program**

14.30	- 16.10	3 <sup>rd</sup> SESSION  PATHWAY - CONSERVATIVE MANAGEMENT  Chair: I. Karaitianos, GR, St. Kapiris, GR
14.30 -	14.45	Biofeedback <b>E. Chiotakakou</b> , <i>GR</i>
14.45 -	15.00	Rectal irrigation <b>K. Curran</b> , UK
15.00 -	15.15	Percutaneous tibial nerve stimulation: is there a future? <b>E. Carrington</b> , <i>UK</i>
15.15 -	15.35	Sacral nerve stimulation I: what have we learnt over the last 3 decades <b>K. Matzel</b> , <i>DE</i>
15.35 -	15.45	Sacral nerve stimulation II: demonstration of the technique and avoidance of pitfalls <b>D. Raptis</b> , <i>GR</i>
15.45 -	16.10	Discussion
		Commentator: <b>A. Tsiamis</b> , UK
16.10	- 16.30	Coffee break











# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

# **Scientific Program**

	111000, 1111111111111111111111111111111
16.30 - 17.00	GREEK SOCIETY OF COLOPROCTOLOGY & THE PELVIC FLOOR SOCIETY LECTURE Chair: V. Komporozos, GR, K. Telford, UK Laparoscopic ventral rectopexy for rectal prolapse: the story of an
	operation A. D' Hoore, BE
17.00 - 18.20	4 <sup>th</sup> SESSION PATHWAY - SURGICAL MANAGEMENT Chair: D. Manganas GR, G. Skroumpis, GR
17.00 - 17.20	Faecal incontinence: does surgery work? <b>S. Papagrigoriadis</b> , <i>GR</i>
17.20 - 17.40	The ENTRAMI technique <b>K. Jottard</b> , BE
17.40 - 18.00	Rectocoele: surgical management  S. Biondo, ES
18.00 -18.20	Discussion  Commentator: <b>J. Cornish,</b> UK
18.20 - 18.30	CLOSURE OF MEETING I. Virlos, GR, V. Komporozos, GR









Ist Athens Coloproctology Meeting on

# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

### **Chairs - Speakers - Commentators**

#### **Athanasiou Stavros**

Professor of Obstetrics and Gynecology, National and Kapodistrian University of Athens

#### **Biondo Sebastiano**

Professor of Surgery, University of Barcelona, Spain

#### **Carrington Emma**

Clinical Senior Lecturer and Consultant Colorectal Surgeon, Imperial College and Imperial College NHS Trust, London, UK

#### **Chiotakakou Efterpi**

Gastroenterologist, Head of the Pelvic Floor Unit, Athens Medical Center, Greece

#### **Christensen Peter**

Professor, Consultant Surgeon, Aarhus University Hospital, Pelvic Floor Unit, Department of Surgery, Aarhus, Denmark

#### **Cornish Julie**

Colorectal Consultant and Senior Lecturer (hon), Cardiff and Vale University Health Board, Cardiff University, UK

#### **Curran Karen**

Senior Specialist Nurse, Oxford Pelvic Floor Nursing Team, UK

#### D'Hoore André

Professor of Surgery, UZ Leuven, Belgium

#### de Bree Eelco

Professor of General Surgery and Surgical Oncology, University of Crete, Head of the Department of Surgical Oncology, University Hospital Heraklion, Greece

#### **Emmanuel Anton**

Professor and Consultant NeuroGastroenterologist UCL, UCLH & NHNN, Medical Director of Publishing, Royal College of Physicians, Editor-in-Chief Clinical Medicine and Commentary, London, UK

#### **Glynos Michael**

Radiologist - Interventional Radiologist, Head of the Department of Interventional Radiology, Hygeia Hospital, Athens, Greece

#### **Jottard Katleen**

Abdominal and Pelvic Floor Surgery, CHU Brugmann Hospital, Brussels, Belgium

#### **Kanellos Ioannis**

Honorary President of GSCP, Professor of Surgery, Aristotle University of Thessaloniki, Director of the 2nd Surgery Clinic, Inter-Balkan Medical Center of Thessaloniki, President of the Hellenic-German Surgical Society, Honorary Member of the German Surgical Society, Greece

#### **Kapiris Stylianos**

Consultant General Surgeon, Head of the 3rd Department of Surgery, Evangelismos Hospital, Athens, Greece

#### **Karaitianos Ioannis**

Associate Professor of Surgery, University of Athens, Director of Surgical Department, Henry Dunant Hospital Center, President of Hellenic Society of Surgical Oncology, Athens, Greece











# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

### **Chairs - Speakers - Commentators**

#### **Komporozos Vasileios**

MD, PhD, FACS Consultant Surgeon, President of GSCP. Greece

#### **Levitt Mike**

Senior Surgeon, Colorectal Surgical Service, St John of God Subiaco Hospital, Australia

#### **Manganas Dimitrios**

Consultant in Colorectal Surgery and Surgical Oncology, Evangelismos Hospital, Athens, Greece

#### Matzel Klaus

Professor, Dr., Head of Section Coloproctology Chirurgische Universitätsklinik Erlangen, Germany

#### **Melchior Chloé**

Researcher, Gothenburg Sweden University, Assistant Professor of Gastroenterology, Rouen University Hospital, France

#### **Papagrigoriadis Savvas**

Director Pelvic & Rectal Surgery, Metropolitan General Hospital, Director Athens Pelvic Laboratory, Hon. Consultant Colorectal Surgeon, King's College Hospital, Greece

#### **Randall Jonathan**

Consultant Colorectal Surgeon, University Hospitals Bristol and Weston, UK

#### **Raptis Dimitrios**

Surgeon, 2nd Surgical Department, Aristotle University of Thessaloniki, G. Gennimatas General Hospital Thessaloniki, Greece, Trained and Specialized in the University Medical Center of Erlangen, Germany

#### **Skroumpis Gerorgios**

Associate Professor of Surgery, University of Patras, Greece

#### **Telford Karen**

Colorectal Surgeon, Manchester University NHS Foundation Trust, Chair the Pelvic Floor Society, UK

#### **Tepetes Konstantinos**

Professor of Surgery, University of Thessaly, Head of the Postgraduate Program on Pelvic and Perineal Surgery, Medical School, University of Thessaly, Larissa, Greece

#### **Theodoropoulos Georgios**

Professor of Surgery, National and Kapodistrian University of Athens

#### Tsiamis Achilleas

Consultant General and Colorectal Surgeon, Clinical Director General Surgery, Royal Stoke University Hospital, London, UK

#### Virlos Ioannis

MD (Man), MSc, DIC, FRCSEd., FRCS (Gen Surg), FEBS (Coloproctology) GSCP Executive Board Member Consultant Colorectal Surgeon University of Derby & Burton, UK









FUNCTIONAL BOWEL &
PELVIC FLOOR DISORDERS FOR
COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

#### **General Information**

#### **Date & Venue**

#### Friday 1st April, 2022 Amphitheatre Henry Dunant Hospital Center, Athens, Greece

(107 Mesogeion Ave, 115 26, Athens, tel: (+30) 210 6972000, www.dunant.gr)

#### **Official Language**

English will be the official language of the Meeting and no simultaneous translation will be provided.

#### **CME Accreditation**

The Meeting has been accredited with **7** CME credits by the National Medical Association.

#### **Certificate of Attendance**

Please note that a barcode system will be used and in order to obtain CME credits you must complete 60% participation of the scientific program. The certificates will be send by the end of the Meeting and as soon as the evaluation form will be submitted to the Meeting Secretariat.

#### **Presentations**

Available audiovisual equipment for all presentations will be through power point presentation. For power point presentations, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick. Use of personal computers will not be permitted.

#### **Exhibition**

Within the Meeting area there will be an exhibition of medical equipment and pharmaceutical products.











# FUNCTIONAL BOWEL & PELVIC FLOOR DISORDERS FOR COLORECTAL AND PELVIC SURGEON

Friday 1<sup>st</sup> April, 2022 Amphitheatre Henry Dunant Hospital Center Athens, Greece www.coloproctologysociety.gr

### **General Information**

#### **Registration Fees**

Registration Type	Cost
Specialists	100€
Residents	50€

#### VAT 24% is included in the above registration rates

#### Registration fees include:

- · Admission to the scientific sessions
- Certificate of attendance
- · Admission to the exhibition area

The number of in person participants will be determined according to the Greek Government Health Protocols, which will be in effect during the meeting period. First-come-first-served basis will apply to all in person participants.

#### **Organization**



#### **Greek - German Society of Surgery**

1 Antheon Str., 55236, Panorama Thessaloniki

### **Meeting Secretariat**



**Thessaloniki:** 50A Stadiou Str. 55534 Pilea, Thessaloniki, Greece, Tel.: +30 2310 247743, +30 2310 247734, Fax: +30 2310 247746,

e-mail: info@globalevents.gr

Athens: 2 Valestra str. & 168 A. Syngrou Av., 17671 Kallithea, Athens, Greece,

Tel.: +30 210 3250260, e-mail: athens@globalevents.gr

www.globalevents.gr









**FUNCTIONAL BOWEL &** PELVIC FLOOR DISORDERS FOR **COLORECTAL AND PELVIC SURGEON**  Friday 1st April, 2022 Athens, Greece

# **Acknowledgements**

The Organizing Committee would like to acknowledge the success of the Meeting to the following companies.



# Medtronic









# **SurgiLife**

# **SurgiLife**



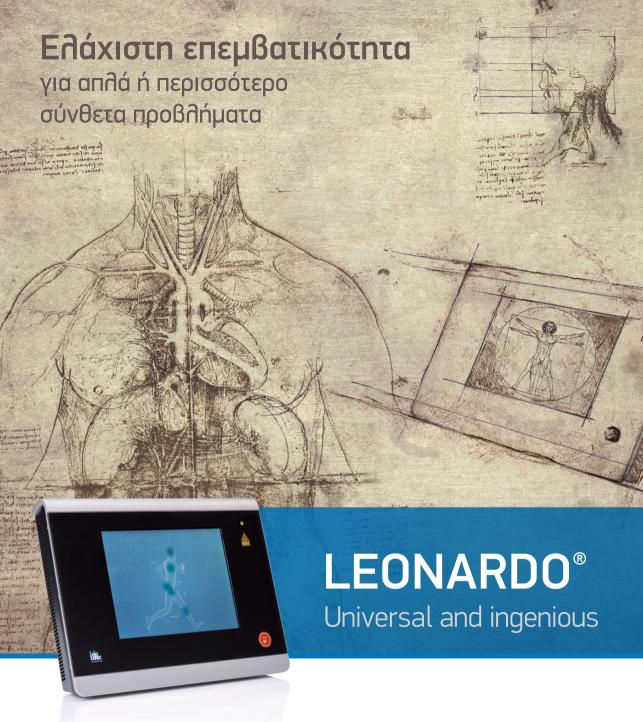


# Advancing Surgical Technology to Benefit More People

**Transverse Cutter-Curved** 

Golden Stapler Surgical Co.,Ltd.





# Οι κλινικά αποδεδειγμένες θεραπείες με laser:

- © **HELP**°: Απολίνωση αιμορροΐδων
- © **LHP**<sup>®</sup>: Αιμορροϊδοπλαστική
- © FiLaC°: Σύγκλιση περιεδρικών συριγγίων
- SiLaC°: Θεραπεία κύστης κόκκυγος

